

**California Department of Aging**  
**Home-Delivered Nutrition Program**  
**Older Americans Act Title III C-2**

**Program Code:**

The Older Americans Act (OAA) Title III C-2 Home-Delivered Nutrition Program program code is 3890200.

**Description:**

The OAA seeks to enable older individuals to maintain their well-being through locally developed community-based systems of services. The OAA Title III C-2 Home-Delivered Nutrition Program provides nutritious meals, nutrition education, and nutrition risk screening to individuals aged 60 or older that are homebound due to illness or disability, or are isolated. The Program targets homebound older individuals with the greatest economic or social need, with particular attention to low-income, minority older individuals, and older individuals living in rural areas. Program goals are to promote better health through nutrition, provide links to other supportive services, and reduce social isolation through contact with the individuals who deliver the meals. Each meal must meet the nutritional standards outlined in the Dietary Guidelines for Americans and provide a minimum of one-third of the Dietary Reference Intakes.

Most Home-Delivered Nutrition Programs provide meals five days a week delivered by staff or volunteer drivers. In addition, programs provide nutrition education at least four times per year and nutrition counseling is available in some areas.

**Benefits:**

The Program improves participants' dietary intakes and reduces social isolation to help participants to remain independent and in their own home. This prevents premature institutionalization and its associated costs.

**Eligibility:**

<b>Eligibility Factor</b>	<b>Description</b>
Age	60 or older
Income	No requirement

Eligibility Factor	Description
Other	<ul style="list-style-type: none"> <li>Eligible individuals must be homebound by reason of illness, incapacity, disability, or are otherwise isolated</li> <li>Spouses and caregivers of eligible participants, regardless of age, may also receive meals if it is beneficial to the participant</li> <li>Individuals with a disability who resides at home with an older individual may receive a meal if it is in the best interest of the homebound senior</li> </ul>

### **Access:**

Information on the Home-Delivered Nutrition Program is available through the statewide toll-free Senior Information Line at **1-800-510-2020** and the [California Department of Aging](http://www.aging.ca.gov/) website (<http://www.aging.ca.gov/>).

### **Current State Fiscal Year Funding Information:**

This information is for Fiscal Year 2019-20.

Funding	Description
Source	<ul style="list-style-type: none"> <li>OAA federal funds via Administration for Community Living</li> <li>State General Fund (GF)</li> <li>Local funds</li> <li>In-kind contributions</li> </ul>
Allocation Formula	Intrastate Funding Formula
Match Requirements	<ul style="list-style-type: none"> <li>5 percent State GF</li> <li>10 percent local funds</li> </ul>
Other Information	<ul style="list-style-type: none"> <li>40 percent of funds can be transferred between Title III C-1 (Congregate Nutrition) and Title III C-2 (Home-Delivered Nutrition)</li> <li>30 percent of funds can be transferred between Title III B (Supportive Services) and Title III C-1 and Title III C-2</li> <li>In FY 2019-20, the State Legislature allocated \$17.5 million in supplemental funds to the Title IIIC Nutrition Program, including C-1 Congregate Nutrition and C-2 Home-Delivered Nutrition, to augment the Title IIIC Nutrition Program.</li> <li>Voluntary contributions are accepted</li> </ul>
Cycle	July 1 – June 30